



Spending time with peers helps nursing moms reach their breastfeeding goals

We often share lactation cookies. Yummy!

Learn about attachment parenting, baby-led weaning, how to cope with sleep deprivation, pumping and working, etc.

AT THE
COTTONWOOD
LIBRARY
100 S 6th ST
Cottonwood, AZ

Call or Txt Maya
(928) 301-3274

Find us on
Facebook at "La
Leche of the
Verde Valley"

LA LECHE BREASTFEEDING SUPPORT GROUP

EVERY 2ND FRIDAY

10:00-11:00AM

Breastfeeding Mom and Baby Group

This is a supportive group of moms who meet to talk about a different breastfeeding topic each month. The meeting are guided by a professional Lactation Consultant (Maya Radoccia-Kennen, IBCLC and/or Certified Breastfeeding Counselor (Erin Koenig, CBC).

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